environment that emphasizes a multidisciplinary approach to individual challenges and issues. Programming occurs seven days a week with group and family therapies. Specific treatment groups include, medication education, drug use awareness and prevention, social skills training, psycho-educational groups and parent support groups.

Adolescent Treatment Team

Inpatient services include an interdisciplinary team model incorporating the psychiatrist, nurses, case managers, activity therapists and mental health technicians. Each team member has both the training and skills necessary to meet the unique treatment needs of adolescents and their families.

Patient and Family Centered Treatment

Family members are an important part of the treatment team throughout the assessment, treatment and discharge planning processes. Family involvement is essential in creating a positive transition from hospitalization to the home, school and work environments.

Florida Baker Act

Southern Winds Hospital is a private Baker Act receiving facility.

Admissions & Tuition

The Adolescent Program is designed to serve male and female residents ages 13 to 17 who have a history, or demonstrate emerging or current disturbances in behavior, age appropriate adaptive functioning and problem solving, psychological functioning, and family functioning. Inpatient admission is appropriate when the severity and complexity of these disturbances is deemed to require 24-hour monitoring and supervision within a structured therapeutic setting.

All inquiries and requests for admission are referred directly to the admissions coordinator at (305) 558-9700, extension 217.

We accept Medicare, Medicaid and most insurance plans.

Southern Winds Hospital
4225 West 20th Avenue
Hialeah, Florida 33012
Southern Winds Hospital offers hope and treatment for adolescents

Southern Winds is a licensed and fully accredited 72 bed psychiatric specialty hospital located in Hialeah, Florida. Southern Winds Hospital brings over 24 years experience to the evaluation, diagnosis and treatment of psychiatric disorders. The hospital is comprised of three adult inpatient units and offers a separate 18 bed unit for adolescents requiring short-term, acute care for psychiatric disorders. The treatment team of psychiatrists, psychologists, medical specialists, addiction counselors, psychiatric social workers, nurses, counselors and educational specialists provide a full range of services. Our specialized staff also provides compassionate support to the families involved.

Adolescence should be one of the most exciting and nurturing times in a young person’s life. For many, however, adolescence has become too stressful and many teenagers experience emotional problems. Others develop behavioral problems resulting in difficulties both at school and at home. Hospitalization is necessary to assure safety and to begin the journey to a healthy, balanced life.

Crisis Assessment and Referral Services
A key to our treatment services is the ability to respond to a family or referral source at all times, including holidays and weekends. We provide a 24-hour intake team that can provide assessment and admission or referral services.

Inpatient Treatment
Hospital services include an acute inpatient psychiatric program for adolescents. Treatment is designed for adolescents who are at risk to themselves or others, who require crisis intervention and stabilization and are unable to function at home, school or in a less restrictive setting. The program provides individualized treatment in a safe and structured therapeutic